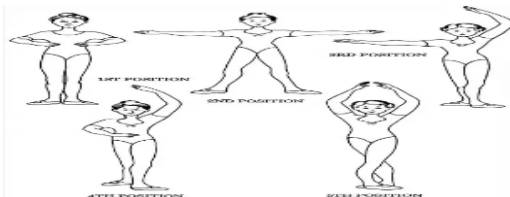
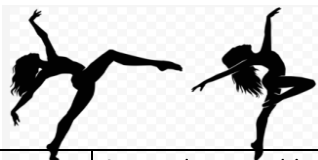


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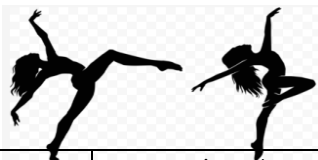
Topic	Knowledge - Children will learn	Children will be able to...	Prior Knowledge
Dance (Session 1)	To understand what contemporary dance is and its history. To begin learning the ballet arm placements that are used in contemporary dance. To begin learning the ballet feet placements that are used in contemporary dance. To start creating a piece of contemporary dance incorporating the arm and foot placements they have learnt in this lesson.	- What is contemporary dance and its history? Children will learn that contemporary dance is a genre of dance performance that developed during the mid-twentieth century and has since grown to become one of the dominant genres for formally trained dancers throughout the world it involves incorporating aspects of movement from several other genres such as jazz, modern and ballet. - Learn ballet arm placements. Children will learn the following arm placements - bras, 1st, 2nd, 3rd, 4th and 5th position. These arm placements incorporated into contemporary dance. - Learn the placement of the feet. Children will learn the following feet placements - 1st, 2nd, 3rd, 4th and 5th position. These foot placements are used in contemporary dance. - Start creating a contemporary dance piece. Children will begin to learn a piece of contemporary dance. They will use the ballet movements they have learnt in today's lesson within the piece. 	Dance skills Movement Balance Weight Space Levels
Dance (Session 2)	To understand that there are 5 techniques used in contemporary dance - body, action, space, time, and energy. To understand the body. To understand action.	- Learning the 5 contemporary dance techniques. The children will learn that there are 5 techniques that are used within contemporary dance and to create a successful dance piece these all need to be used. - The body. The children will learn that the first element, the body, is probably the most important one since it is the medium through which dance is performed. - Actions.	Dance skills Movement Balance Weight Space Levels Understanding of arm and feet placements.



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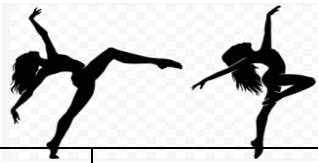
	To understand how to use space. To gain a better understanding of time. To develop the understanding of how to utilise your energy properly in contemporary dance. To continue creating a piece of contemporary dance continuing on from the last session.	The children will learn that the next element is action, which is the mere act of moving that makes this, one of the elements of dance. • Space. The children will learn that space refers to where the action of moving the body takes place. • Time. The children will develop their understanding of time because performers must think of how to move their bodies in relationship with time. Are they moving fast or slow? • Energy. The children will develop their understanding of using energy which refers to how the performer moves through space and time with energy. Energy helps us to identify how the performers are moving and how much effort they are using. • Continue creating a contemporary dance piece. Children will continue to learn a piece of contemporary dance. They will use their understanding of the 5 techniques learnt in today's session to help them.	
Dance (Session 3)	To learn some contemporary terminology/vocabulary for different movements within contemporary dance. To know what pli��, parallel, contract, release and elevation is in contemporary dance. To continue creating a piece of contemporary dance continuing on from the last session.	• Learning key terms - terminology/vocab. The children will learn some key vocabulary that is used within contemporary dance for specific movement (e.g pli�� means to bend the legs) • Understanding contemporary movement's vocabulary. Pli�� - A controlled knee bend in a set position. Parallel - When your thighs, knees and toes are facing directly forwards. Contract - The movement of muscles that shortens the shape of a muscle to change the shape of a limb. Release - The movement when the body expands back out to its original shape. Elevate - Jumping or rising in one place. • Continue creating a contemporary dance piece. Children will continue to learn a piece of contemporary dance. They will use their understanding of the movements learnt in today's session to help them.	Dance skills Movement Balance Posture Tap steps learnt from previous sessions. Technique Understanding of their body, action, space, time, and energy.
Dance (Session 4)	To continue learning some contemporary	• Learning key terms - terminology/vocab.	Dance skills Movement



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	terminology/vocabulary for different movements within contemporary dance. To know what jeté, lunge, grounded, attitude and phrasing is in contemporary dance. To continue creating a piece of contemporary dance continuing on from the last session.	The children will learn some key vocabulary that is used within contemporary dance for specific movement (e.g plié means to bend the legs) - Understanding contemporary movement's vocabulary. Jeté - A French word meaning leap (linked to ballet) Lunge - A movement where one leg is bent taking the body weight. Grounded - When the dancer uses gravity to go into and out of the floor. Attitude - A pose where you stand on one leg and the other leg is in the air with the knee slightly bent. Phrasing - Known as a group of movements. - Continue creating a contemporary dance piece. Children will continue to learn a piece of contemporary dance. They will use their understanding of the movements learnt in today's session to help them.	Balance Posture Tap steps learnt from previous sessions. Technique Understanding of their body, action, space, time, and energy.
Dance (Session 5)	To create a sequence of movements for verses in a song. To create a sequence of movements for the chorus of a song.	- Sequence of movements for verses. Children will have a sequence of contemporary movements that they will perform during the verses of the song. These steps can change for the different verses throughout the song. - Sequence of movements for chorus. Children will have a sequence of contemporary movements that they will perform during the chorus of our chosen song. These steps will remain the same every time the chorus is played.	Dance skills Movement Balance Posture Tap steps learnt from previous sessions. Technique Understanding of their body, action, space, time, and energy.
Dance (Sessions 6 & 7)	To perform the tap dance that the children have learnt to a chosen piece of music. To gain a better understanding of levels.	- Sequence of movements for verses. Children to perform the contemporary dance they have learnt over the previous 5 sessions. They will perform it to a piece of chosen music and include all of the 5 techniques and contemporary movements they have learnt over the term. - Levels. Children to understand that throughout the performance they should be working at different levels. Contemporary dance uses lots of different levels whether that be in the air, at normal height or into the ground. Children should display ways of	Dance skills Movement Balance Posture Tap steps learnt from previous sessions. Technique



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getting into the air through elevation or being grounded and where they perform movements on the floor.

Understanding of their body, action, space, time, and energy.

Keywords

movement	shape	space	time
levels	energy	action	body
jeté	plié	elevation	contraction
lunge	grounded	attitude	release
phrasing	release	parallel	leap
bend	place	position	ballet